

Incident Response Exercises

Powered by the Rex Platform™

Most organizations rely on annual, scripted tabletops that do not go far enough to prepare teams for real incidents. Actual incidents evolve quickly, expand across stakeholders, and require high-stakes legal, operational, regulatory, and executive decisions.

That creates a readiness challenge during the moments that matter most, including:

- Overreliance on annual tabletops
- Weak cross-functional coordination
- Limited practice adapting as incidents evolve
- Exercise activity disconnected from real response workflows

Incident Response Exercises

BreachRx Incident Response Exercises helps organizations rehearse incident response the way it actually happens. Instead of relying on an annual tabletop for a compliance checklist, teams run realistic exercises inside the same processes and workflows used during real incidents. The solution provides:

- Coordination across security, legal, privacy, IT, communications, and leadership
- Evolving scenarios that force teams to reassess priorities in real-time
- Regular simulations and microtabletops that sustain readiness
- AI-assisted guidance with realistic scenarios and response context

Incident Response Exercises at a Glance

- **Realistic incident Rehearsal.** Teams rehearse incident response inside the same workflows and operating environment used during live incidents.
- **Cross-Functional Training:** CISOs can extend readiness programs to prepare security, legal, privacy, IT, communications, and business leaders for real incidents.
- **Adaptive, Real-World Scenarios.** Exercises introduce changing facts, new developments, and shifting decision points that force teams to reassess priorities in real time.
- **Continuous Readiness.** Organizations can run simulations, microtabletops, and microsimulations regularly instead of relying on a once-a-year event.
- **Agentic AI Guidance:** Guide exercises with recent attack scenarios, realistic injects, suggested actions, regulatory triggers, and next steps without replacing judgment.
- **Stronger Business Partnerships:** Gives CISOs a practical way to build credibility, rapport, and trust with business leaders by working through real decisions together before a crisis.

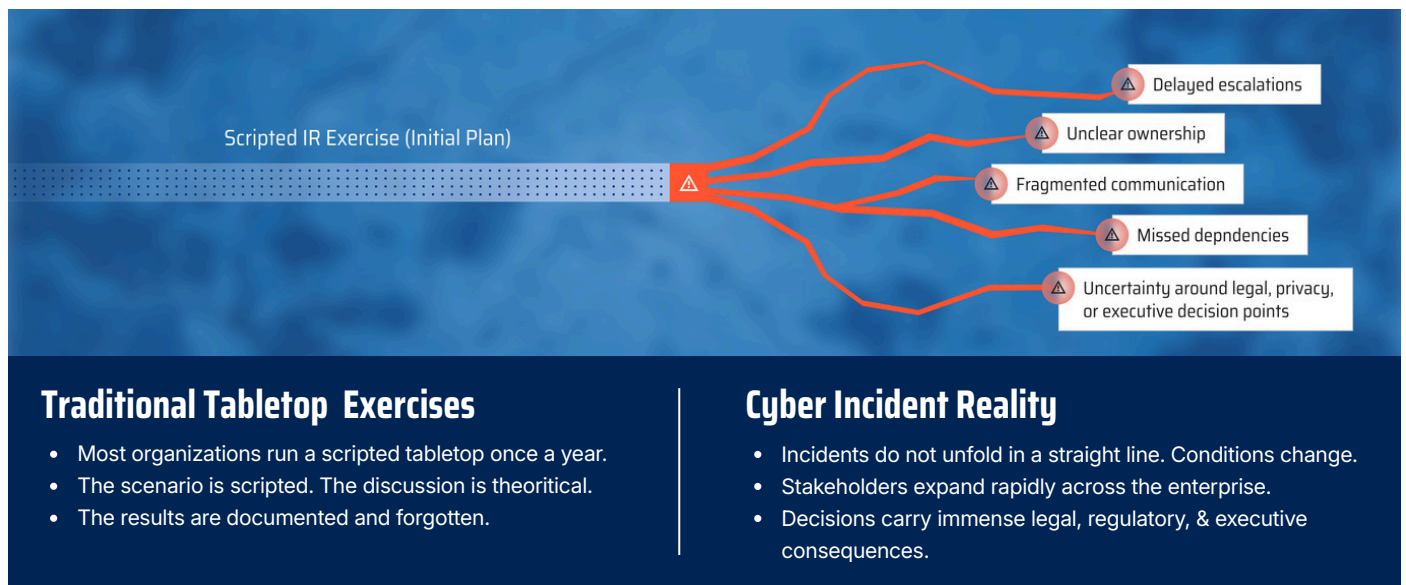
Annual Tabletops Only Provide the Illusion of Readiness

Many organizations treat incident response exercises as a compliance requirement rather than an operational resilience program.

When a real incident occurs, teams discover the same problems again - only this time under pressure. The issue is not whether organizations train. It is whether

they rehearse in a way that improves real-world coordination, timing, ownership, and execution.

BreachRx Incident Response Exercises helps teams practice the way incidents actually unfold inside the same workflows they use when pressure is real.



Cyber Readiness Requires Training Under Real Incident Conditions

Most annual tabletop exercises are designed to satisfy a requirement, not to strengthen operational performance. They may validate that a discussion occurred, but they rarely prepare teams for the pace, ambiguity, and cross-functional coordination a real incident demands. When a live incident occurs, familiar breakdowns often reappear: delayed escalations, unclear ownership, fragmented communication, missed dependencies, and uncertainty around legal, privacy, or executive decision points. The pressure is real, but the practice was too abstract. BreachRx Incident Response Exercises gives organizations a more disciplined way to prepare. Teams rehearse response execution, stakeholder coordination, and decision-making in a structure that reflects how incidents actually evolve.

“In a high-stakes incident, structure and accountability matter as much as containment. If the Rex platform had been in use at Uber, giving us real-time visibility and documented decision authority, it would have changed how we managed the response and likely the outcome.”

Joe Sullivan, former CSO at Facebook, Uber, Cloudflare

What Incident Response Exercises Does

Rehearse Incidents the Way They Actually Unfold

Exercises are launched directly within the same response environment and the same processes used during real cyber incidents, allowing teams to practice in a more realistic operational context.

Strengthen Cross-Functional Coordination

Security, legal, privacy, IT, communications, and executive stakeholders can rehearse the coordination, escalation, and decision-making required when incidents expand beyond the technical team.

Adapt as Conditions Change

Exercises can introduce new developments, changing facts, and evolving injects so participants must adjust priorities and coordinate accordingly.

Turn Insights into Operational Improvement

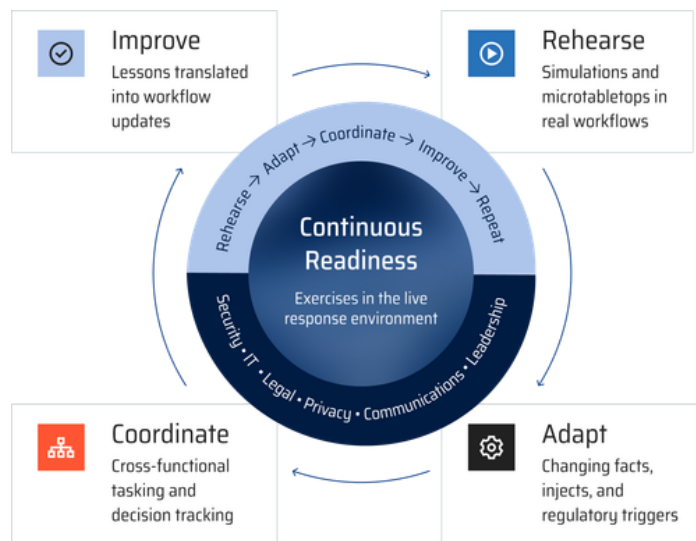
Lessons learned do not end as meeting notes. Exercise outcomes can drive improvements to workflows, ownership models, and response procedures inside the platform.

Support Continuous Readiness

Organizations can move beyond one-off tabletops and establish a repeatable readiness program built around regular, governed practice.

Enhance Teams with Agentic AI Guidance

Agentic AI helps guide exercise progression with relevant scenarios, injects, suggested next steps, potential regulatory triggers, and response actions - augmenting teams without replacing human judgment.



Agentic AI Built Into Incident Response Exercises

The Rex Platform embeds agentic AI directly into the incident response lifecycle to strengthen exercise realism, reduce manual facilitation burden, and reinforce human judgment as scenarios evolve. This guidance helps teams train against conditions that more closely resemble live cyber response.

Agentic AI helps teams prepare by:

- Recommending realistic scenarios based on the latest attacks
- Introducing relevant injects and evolving developments as the exercise progresses
- Suggesting next steps and response actions as conditions change
- Highlighting potential regulatory triggers and coordination needs across functions
- Improving exercise consistency without replacing human facilitators or human judgment

Powered by the Rex Platform™

BreachRx Incident Response Exercises is powered by the Rex Platform, the system enterprises use to manage real cyber incidents. Because exercises run in the same environment as real incidents, rehearsals reflect real-world conditions and drive meaningful improvements to operational workflows. The Rex Platform functions as the enterprise incident command system for cyber response, aligning stakeholders in one authoritative workspace and preserving the documentation, ownership, and coordination required when incidents face executive, regulatory, and legal scrutiny.



Preparation becomes continuous - not occasional.

Key Capabilities

Readiness Execution & Scenario Control

Capability	Description	Business Value
Rehearse Incidents the Way They Actually Unfold	Launch exercises directly inside the BreachRx environment used for live incident response, reducing the gap between rehearsal and real-world execution.	Improves readiness by letting teams practice where real response work happens, increasing confidence and reducing friction during live incidents.
Agentic AI-Assisted Guidance	Surface relevant scenarios, injects, next steps, response considerations, and potential regulatory triggers to improve exercise quality and realism.	Helps teams run more sophisticated, realistic exercises with less manual effort while improving consistency and coverage.
Continuous Readiness	Support frequent, targeted practice that builds operational discipline over time instead of relying only on annual exercises.	Makes readiness continuous and scalable, helping organizations build muscle memory without the overhead of large annual events.
Adaptive Injects and Evolving Scenarios	Introduce changing facts, new developments, and branching decision points so teams must adapt the way they would during a live incident.	Better prepares teams for the ambiguity and volatility of real incidents, improving agility and decision quality.

Coordination, Improvement & Execution

Capability	Description	Business Value
Cross-Functional Coordination	Practice coordination across security, legal, privacy, IT, communications, and executive leadership as incidents evolve into enterprise-wide events.	Strengthens alignment across critical stakeholders so teams can make faster, better decisions under pressure.
Tasking and Decision Tracking	Allow participants to receive assignments, track progress, and document decisions in a governed workflow during the exercise.	Reinforces accountability, clarifies ownership, and creates a record that can be used to improve future response performance.
Operational Improvement Loop	Translate exercise insights into concrete improvements to workflows, ownership structures, and response procedures inside the platform.	Ensures lessons learned become operational change, increasing the long-term value of every exercise.
Continuous Readiness Program Support	Help organizations build an ongoing preparedness discipline rather than treating exercises as isolated compliance events.	Shifts preparedness from episodic activity to a durable organizational capability.
Exercises Linked to Real Incident Response	Keep exercise activity, stakeholder participation, and resulting improvements connected to the same governed platform used during real incidents.	Creates auditability, preserves institutional knowledge, and connects readiness efforts directly to operational resilience.



**SOC 2
Type II Certified**

About Us

BreachRx offers the Rex Platform, an agentic AI-powered CIRM platform that orchestrates cross-functional incident response, guiding execution and ownership to enable faster containment and governance at enterprise scale.

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